



Gunn Tennis

Greg Gunn

170 Narre Waren Cranbourne rd
Narre Waren.
Melbourne, Victoria 3805

E-Mail : greg@gunntennis.com

Ph 9796-6931 Mobile 0418 836-647

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Dear ,

RE : Performance training Programs 20112

Performance training programs with Gunn Tennis 2012 moving forward.

Program : See your schedule attached.....

Your Cost and payments : see Calendar attached.....

Gunn tennis has restructured our Performance, and Talent Development model.

Our new programs are geared towards the athlete development and we will require parent commitments and have parents understand player development and what Gunn Tennis wants to achieve.

As part of the new performance program will be having a parents brief and individual player assessment. The parent brief and assessment will be called mid this term after the program has been set and running, so any issues with scheduling, tournaments, periodization, parents concerns or ideas we will be able to talk and work through. The next couple of weeks will also give Greg/ Tum time to fix and work through all initial problems and correct the performance structure of the program and get every athletes needs catered. This is a new challenge for both Athlete/ Parent and Coach and needs to be viewed as LTPD (long term player development) so no quick fix, and patience and understanding while the model gets corrected would be appreciated.

Attached is a parent information sheet that will be for all Gunn tennis parents to adhere to, this needs to be signed and returned to Greg Gunn (a copy of parent form is on web site).

Please if you as Parents or if students have issues or concerns these need to be discussed with Greg Gunn immediately.

We are embarking to develop our players potential and set the best development training package for our players/parents to a budget.

Important : PARENTS PLEASE NOTE

All phone, SMS or emails directed 0418836647 or greg@gunntennis.com

WHY THE CHANGES ?

GUNN TENNIS *“Be The Best You Can”*

If we want to develop our Kids and give them every opportunity to succeed we all need to commit to a program and develop a culture, that gives the players ALL THE TOOLS for professional tennis.

In order to effectively coach developing tennis players , we the coach's need to work on the following aspects:

- Create an atmosphere of commitment, hard work and effort in which the climate is geared towards performance, co-operation and achieving the best each player can be.
- Build rapport with the players by using empathetic listening and understanding, and sharing common goals and beliefs that will help create a "performance culture".
- Develop awareness by helping players understand themselves using self-reflection and valuing the views of significant others.
- Motivate always. Keep the process, not the outcome relevant. Keep practices organized, purpose-driven and challenging. Help players enjoy and appreciate the values and rewards of the hard work. Encourage and reward hard work, discipline and dedication to the task.
- Generate the adequate confidence through a view of realism. Help them to "keep their feet on the ground" but raise their arms to "reach the stars".
- Communicate directly, effectively and openly. Listen closely to the players' needs. Get the athletes to take ownership of the practice sessions, drills and ultimately much of their tennis development.
- Provide specific, constructive and meaningful feedback.
- Help players to focus on their goals by creating the appropriate mindset in each situation. Concentration is often lost if talented players or their entourage focus mostly on short-term goals and forget the big picture. We need to set the big picture.
- Encourage players to think and act by themselves. Make them responsible for the outcome of their actions.
- Offer empowerment, not advice, and be ready to accept the solutions generated by the players.
- Support players to learn other skills apart to those from tennis that will help them develop into great players (ethical behavior, respect to rules, sportsmanship, attention to detail, etc.).
- Be flexible and treat each player individually based on their needs, strengths and weaknesses.
- Understand when to be more directive or autocratic; when players do not have the necessary experience to make the decision, when under pressure situations, or when they do not have all relevant information.
- Use knowledge and technology in all its forms (information, research and innovation) to improve coaching that will directly benefit talented players.

THESE ARE THE REASONS WHY WE NEED SUCH DIRECTION.

GUNN TENNIS NEEDS TO HAVE PARENTS Commitment to player development :
Managing Developing High performance tennis players is the ability to merge the commitment of families, with the strategic goals of the player and coach. Talent is not the core concern of our High performance tennis program, rather, a strategy of a comprehensive long-term player development (LTPD), which combines the physical, mental, tactical and technical development of each player and this is what we are to embrace.

Talent is worthless if kept in isolation, underdeveloped or overemphasized. Talent loses all its power if it is left without direction or guidance. Talent reveals all its value if it is

GUNN TENNIS *"Be The Best You Can"*

“switched on” and aligned with the LTPD. By doing this, this program delivered by Tum/ Gunn tennis will be aiming to develop all the competences needed by the player. It is important to note, that when managing talent, we as coaches are aware of the relevance of the so-called “intangibles”. These include, but are not limited to; knowledge, skill (know how), intelligence, autonomy, responsibility, values, work-ethic, effort, respect, ability to learn, ability to adapt, innovation, creativity, and many others, so parents you to need to be aware.

PAYMENTS

Part of parent commitment is making sure payments are made diligently and never discussed with the player or other parents. If there is an issue with your payment please contact Greg Gunn. All parents in the performance program will be aware of payment fee and given a calendar or payment (calendar also on web site). There will be a two -week mid year break and a three-week Xmas break for athletes in all performance training programs. These five weeks no weekly payments will be required.

Performance training fee is to be made by a direct payment each fortnight into account. . In player development every student is an individual and will be treated as such.

The performance training programs will be offered to students who meet Greg’s and Tum’s criteria and can be withdrawn at any time by either coach.

Commitment to the Performance training program will be continual but: evaluated by coach Greg and Tum to make sure players performance training criteria meet and parents commitments to development and understanding been adhered to. We will not have AR points ranking as selection criteria, but have commitment and training expectations to be meet by our HP players.

The sessions are dependant on what Coach/player needs and specific training cycles.. All HP training includes training, mentoring, all meetings Tum/ Greg have re: technique and delivering a professional program tailored to the player. If you elect sessions and these are missed there will be no make-up sessions(exceptions long term injury and rest weeks called by coach approx 5 weeks per year). School holiday period is charged as we expect players to be playing events, and in this period the coach’s will be assessing players in that the tournament period, watching for rituals and competitive point play, match assessment, match evaluation and warm-ups will also form part of this holistic program. During school holiday period Gunn Tennis will continue to run a performance program around tournament schedule.

Thank You
Gunn Tennis HP team.
Tum Rakete
Greg Gunn